



#### MISSION STATEMENT

The mission of the Aaron Community Cultural Center is to preserve and share history of individuals of color, provide educational, social, and employment training, and family systems programs from birth to death. This mission will occur face to face and in a cyber environment.



#### Aaron Community Cultural Center (ACCC)

Shared Housing and Employment Preparation Center



GO TO:  
**WWW.ACCCBSM.COM**  
TO SUBMIT AN APPLICATION

**accbsm@gmail.com**

**800-527-4184**

## **VOLUNTEERS NEED**

Wednesday June 12, 2019

9:30AM - 12:00 PM.

Pop up store preparation:

- Sorting Clothes
- Organizing Household Items
- Furniture

#### VOLUNTEERS STATEMENT

**“Aaron Community Cultural Center's goal is to provide a 3D service experience for our volunteers that create Direct, Diverse, Different skills.”**

##### **Direct:**

We have hands-on tangible tasks such as food pickup, and distribution, crate gardening, pop up clothing store management and sales, fundraising phone calls, Marketing online and offline. We match your skills to volunteer task available at ACCC.

##### **Diverse:**

Aaron Community Cultural Center provides a variety of volunteer opportunities based on volunteers social, personal, career interest, age, grade levels in school and the scope of students volunteer hours and project.

##### **Different:**

Aaron Community Cultural Center is flexible with days, duration, time, location, and frequency. The average volunteers for 2-3 hours per week online and offline.

## ACCC's 2019 Updates and Goals

1. 50Volunteers
  - a. 35 Online
  - b. 15 Face to Face
2. Raise 35k or to pay for a part time staff member to coordinate ACCC services and programs
3. Increase Branding, Marketing and Social Media Presence
4. Social Media Engagement
  - a. Fundraising
  - b. Community Service
  - c. Events
5. Work with 3 committed Insurance agents
6. Work with 3 Auto Broker Assistances
7. Secure a cooperate location for 3 TSE works & College Interns



AARON COMMUNITY CULTURAL CENTER (ACCC)  
**WWW.ACCCBSM.COM**  
**ACCBSM@GMAIL.COM**  
**800.527.4184**



**Items Vary From Week To Week: Dairy, Meals, Produce, Bakery**  
**Monday's 10-11AM**

**FREE**



**FOOD  
GIVE  
AWAY**

**HERE! Call 800.527.4184 to SignUp !**  
**Name, Cell Number & Email Needed**



Congratulations Denise for your appointment with Cancer



## Support Community of Los Angeles



**CANCER SUPPORT COMMUNITY**  
So That No One Faces Cancer Alone™

### Program Highlights

**Are You New to Cancer Support Community Los Angeles?**

Attend an Orientation Meeting:  
Tuesdays from 6-7 PM  
Fridays from 10-11 AM

RSVP: 310-314-2555

Learn more about the FREE OF CHARGE services we provide to people with cancer and their loved ones. These informational sessions will introduce you to our Community and are a requirement before participating in CCA's program.

#### Our Resources

- Available to people with cancer and their loved ones
- Personalized support no matter where you are in the cancer experience
- Offered in a warm, supportive home-like environment
- Evidence-based and evidence-informed
- Professionally facilitated by licensed mental health professionals and certified healthy lifestyle instructors
- Enhance health and wellbeing
- Reduce the distress associated with a cancer diagnosis
- Strengthen communication with the health care team
- FREE OF CHARGE**

#### Research

Interventions aimed at providing support for cancer patients and their families, such as group support, psychoeducation, and relaxation techniques, indicate improved Quality of Life (QOL) and decreased levels of distress, significant efforts or reductions in medical costs, and potential benefits to medical outcomes.

(Carlson, L. & Bultz, B. 2003)

**"This center is a total blessing and I give thanks almost daily..."**

*This center brings ease and comfort and support. I love this place.*

Our services are provided through the generosity of individual, corporate, and foundation contributors.

Call 310-314-2555 or visit [www.cancersupportla.org](http://www.cancersupportla.org)

## ACCC is ON THE MOVE

with employment training in the insurance and telephone industries.

ACCC provides Medicare, Life, and Travel services.

Call (800) 389-3851 for a complementary consultation.



**Need extra help, but don't qualify for Medi-Cal? We can help!**

Depending on the level of Extra Help you receive with prescription drugs, our Anthem Blue Cross plan can help save you money with these extra benefits:

- \$0** \$1,000 toward hearing aids every year
- \$0** monthly SilverSneakers® membership at no additional cost
- \$0** copay for up to \$250 toward your dental care every three months
- \$0** copay for Primary Care Provider visits
- \$0** up to \$500 to spend on health care items every year at Walmart\*
- \$0** Personal Emergency Response System
- \$0** copay for unlimited supplemental routine foot care visits every year
- \$0** copay for online doctor visits from your computer or cell phone
- \$0** up to \$200 for eye wear every year

**COMPTON | SUPERIOR GROCERS**  
111 E. Compton Blvd. Compton CA 90220  
3/16/2019 - 10 a.m.  
3/16/2019 - 2 p.m.

**COMPTON | SUPERIOR GROCERS**  
111 E. Compton Blvd. Compton CA 90220  
04/13/2019 - 10 a.m.  
04/13/2019 - 2 p.m.

**COMPTON | SUPERIOR GROCERS**  
111 E. Compton Blvd. Compton CA 90220  
05/18/2019 - 10 a.m.  
05/18/2019 - 2 p.m.

**Andrea 0633160 & Leonard Harlin 0M54529**  
**800.289.3851 Email: 1AHSIBK@gmail.com**

**CLIFFORD SEYMOUR**  
SEYMOUR INSURANCE SERVICES  
an authorized licensed insurance agent for Anthem Blue Cross in California  
License number: 0533160  
1-310-490-6123  
TTY: 711  
8 a.m. to 5 p.m., 7 days a week  
SEYMOUR@MYHEALTH-WEALTH.INFO

**Let's meet! We'll find the plan that's right for you.**

**Anthem**

**Your organization. My assistance. Together, we can make a real difference.**

Your organization is an important lifeline for residents in our community, and an inspiration to those of us who also want to help our neighbors enjoy the services and assistance they deserve – and need.

As the local Community Outreach Representative for Anthem Blue Cross, my goal is to help your clients understand and receive the health care benefits they're entitled to, such as Medicare and Medi-Cal. Here are just a few of the ways I've successfully connected with groups like yours:

- Events.** Icebreakers like bingo parties, birthday celebrations and even ice cream socials are ideal settings for your members to come learn about important health care benefits while socializing with friends.
- Education.** Casual Q&A sessions provide easy-to-understand information. This open forum helps those who may be too shy to speak up learn from answers to their neighbors' questions.
- Empowerment.** Relating brown-bag "lunch-n-learns" allow me to share the tools and information you and your staff need to further support your members in their quest for coverage.

**Andrea Harlin**  
Seymour Insurance Services  
an authorized licensed insurance agent for Anthem Blue Cross in California  
License number: 0533160  
**1-800-289-3851**  
TTY: 711  
9 a.m. to 5 p.m., 5 days a week  
accemh@gmail.com

**Contact me today and let's get started!**

**Anthem**

Anthem Blue Cross and Anthem Blue Cross Life and Health Insurance Company are Medicare Advantage Organizations with Medicare contracts. For Dual-Eligible Special Needs Plans, Anthem Blue Cross is a D-SNP with a Medicare contract and a contract with the California Medicaid program. Enrollment in Anthem Blue Cross and Anthem Blue Cross Life and Health Insurance Company depends on contract renewal. Anthem Blue Cross is the trade name of Blue Cross of California. Anthem Blue Cross and Anthem Blue Cross Life and Health Insurance Company are independent licensees of the Blue Cross Association. Anthem is a registered trademark of Anthem Insurance Companies, Inc.

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## Youth Academy Life-Skill Focus

### SUCCESSFUL PEOPLE

- Have a sense of gratitude
- Compliment
- Forgive others
- Give other people credit for their victories
- Accept responsibility for their failures
- Read everyday
- Keep a journal
- Talk about ideas
- Want others to succeed
- Share information and data
- Keep a "to-be" list
- Exude joy
- Set goals and develop life plans
- Embrace change
- Continuously learn
- Keep a "to-do/project" list
- Operate from a transformational perspective

### UNSUCCESSFUL PEOPLE

- Have a sense of entitlement
- Criticize
- Hold a grudge
- Take all the credit of their victories
- Blame others for their failures
- Watch TV everyday
- Say they keep a journal but really don't
- Fear change
- Think they know it all
- Fly by their seat of their pants
- Operate from a transactional perspective
- Talk about people
- Secretly hope others fail
- Hoarding information and data
- Don't know what they want to be
- Exude anger
- Never set goals

## BUSINESSES TO BUSINESSES TIPS

### SWOT Analysis

#### Strengths

- Capabilities
- Competitive advantages
- Resources, assets and people
- Experience, knowledge and data
- Financial reserves, returns
- Marketing, reach
- Innovative aspects
- Location, geographical
- Price, value and quality
- Processes, systems, IT, communications
- Advantages of proposition

#### Weaknesses

- Lack of capabilities
- Gaps in competitive strengths
- Reputation, presence and reach
- Timescales, deadlines and pressures
- Financials
- Cash flow, cash drain
- Continuity, supply chain
- Effects on core activities
- Reliability of data, plan and project
- Management cover & succession

#### Opportunities

- Market developments
- Industry or life style trends
- Innovation and technology development
- Global influences
- Market dimensions, horizontal, vertical
- Target markets
- Geographical import, export
- Major contracts, tactics and surprises
- Business/product development

#### Threats

- Political and economical effects
- Legislative effects
- Environmental effects
- Competitive intentions
- Market demand
- Innovation in technologies, services and ideas
- New contracts and partners
- Loss of resources
- Obstacles to be faced
- Poor management strategies
- Economic condition home, abroad

### 8 Pieces of Wisdom That Can Change Your Life

- Words are powerful, use them wisely.
- People come and go, but the right ones stay.
- You are doing enough even if it doesn't feel like it.
- Failure is when you don't try.
- Random acts of kindness make everyone feel better.
- Live for today, not for tomorrow.
- Never look back, there is nothing there for you.
- Overthinking kills happiness.

[rhealthisliving.com](http://rhealthisliving.com)

When you donate \$15 to ACCC you'll receive a complimentary *discount card* as "thank you" GIFT!

The card can be used online and offline, and will provide discounts in your local area. The discounts are for restaurants, stores, and movie theaters in your local neighborhood





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**FUNDRAISING EVENT  
DINNER & A MOVIE**  
**ACCC HAS THE GOAL OF RAISING  
25,000 Dollars Please HELP !**  
*Receive this gift card when you donate \$15 or more to our center.  
100% of donation proceeds to the cause!*  
**You can use the card in your local zip  
code with unlimited use for 1 year**



800.527.4184

## Other Ways to Help Support. . .

*Please shop with one of the ACCC link. ACCC will receive .05% as a donation from Amazon. Thank You for your support!*



*...Also, support ACCC by entering  
"Aaron Community Cultural Center" on AmazonSmile  
whenever you shop! however you shop!*



[We would like to show our gratitude to our  
Partners and Board Members...](#)

- Village Health Foundation - Denice, Thank you for your time and contribution to ACCC. Thank you for your continuous effort to help serve the community and bring in numerous resources.
- Sherrie Ross - Thank you for your time and contribution to ACCC and the interns. Thank you for your resources and running groups for the agency and the community. Thank you for taking charge of writing community grants.
- Dr Jacqueline Nelson – Thank you for being a part of the board and being a community resource. We’re glad you feel that working with ACCC has been a “privileged and honor to be a part of the organization, to empower the community.”
- USC instructor Susan Hess & CSUDH Social Work Program - Thank you for bringing the interns to ACCC and your continuous support of our organization.
- Inglewood High School and Sgt. Davis - Thank you for your time and contribution to ACCC. Also, for allowing us to partner with your JROTC Class. Thank You Los Angeles United School District Central High School for partnering with ACCC youth academy.
- Food Finders - Thank you for your generosity and your community support. For additional food donation resources.
- Minister Hines - Thank you for food distributions, pick up, maintenance and grounds cleaning.
- Clifford & Vanessa Seymour- Thank you for partnering your insurance company with the agency and helping us with the fundraising.
- Monica - Thank you for time and connecting us with other agencies and being a wonderful community resource individual.



- Adrian - Thank you for handling the filing of documentation such as taxes, and the organization of the documents for the agency. We are glad that you feel that “it is more than a pleasure to be a service to the organizations, and proud to be a part of the organization.”
- Leonard - Thank you for constantly helping around ACCC and cleaning around the yard. For hours meeting, participation, and food pick up.
- Seidah – Thank you for doing all the graphics and editing the ACCC website. As well as community food distributions.
- Desiree - Thank you for helping with the food bank distributions.
- Deborah – Thank you for managing the ACCC Shared Housing and volunteering your time to make phone calls for the nonprofit. We also appreciate you volunteering your time to help with fundraising events and also your donations.

## Who Were the Buffalo Soldiers?



Article

<https://www.history.com/topics/westward-expansion/buffalo-soldiers>

## Thank You for your community support!

A big *Thank You* to all of our Board Members for all their hard work and dedication!



Leonard H. Harlin, President



Sherrie Ross  
VP 1



Monica Ruelas  
VP2



Andrea Harlin, Secretary



Adrian B. Duncan, Treasurer



Dr. Jacqueline Nelson  
Community Recourse  
Committee



Sgt. Charles L. Davis,  
Ready For Life  
Academy



Arious Mc Michael  
Grant Committee



Linda Hollander  
Marketing Committee



Bejal Gihji  
Fundraising Committee



Denise Davis,  
Hospitality Committee



Geraldine Aaron,  
Hospitality Committee